



## Corporate & Conference Menus



We also offer a selection of menus which are ideal for conference delegates, whether you would like to offer a stand-up finger food option or a more formal lunch. We can provide a fully staffed event or the catering can be dropped to your door, ready for you to serve the guests yourself. Most importantly we only require 24 hours notice for corporate bookings!

**The Essential Caterer**  
25 Burgess Road  
Bayswater North Victoria 3153

**Phone: (03) 9761 4188**  
[info@essentialcaterer.com.au](mailto:info@essentialcaterer.com.au)  
[www.essentialcaterer.com.au](http://www.essentialcaterer.com.au)

Reg Food Business HLTH 994////FOODC2 ABN 63 946 518 928

## Corporate Catering

*A selection of Morning tea, Afternoon tea & Lunch, that can be delivered to your door or picked up from us!*

### Morning or Afternoon Tea - Selection A

*(Minimum order 10 serves)*

Freshly baked scones served with double cream & jam

Assorted fruit & chocolate muffins

Selection of assorted Danish pastries

Trio of house made dips with Turkish bread platter (serves 10)

\$3.50 per head, 1 portion per serve

### Morning or Afternoon Tea - Selection B

*(Minimum order 10 serves)*

Caramelised onion & Yarra Valley Persian fetta tarts (V)

Olive scones with basil mascarpone (V)

Rich chocolate brownies

Raspberry Frou Frou's, Raspberry cupcake, cover in a sour cream icing & coconut

Mini citrus tarts with seasonal berry coulis

Assorted seasonal fruit platter (G)

Assorted quiches: Basil pesto & sundried tomato, Lorraine, Smoked salmon & caper

\$5.50 per head, 1.5 portions per person

### Australian Cheese Platter

Tarago river brie, Maffra cloth vintage cheddar, Gippsland Blue, dried fruits, water crackers and fruit loaf

\$8.50 per head, platter to serves 10

Minimum delivery and order charges apply.

V~ Vegetarian, G~Gluten free Travel fees and additional equipment fees may apply, but vary depending on locations & circumstances.



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### Lunch (Minimum order 10 serves)

#### **Freshly made gourmet sandwiches, variety of fillings (V),**

*\$7.80 per round, suggested serving size 1.5 rounds*

##### Flavours:

- Chicken, avocado & basil mayo; Roasted chicken,
- Asian mushroom & soy mayo
- Honey glazed ham, tomato chutney and cheddar cheese, Ham & salad
- Curried egg and lettuce
- Smoked salmon, cucumber, crème fraiche & dill
- Goats cheese, roasted capsicum, roquette & aioli

#### **Freshly made gourmet wraps with a variety of fillings (V),**

*\$9.50 per wrap, suggested serving size 1 wrap*

##### Flavours:

- Tandoori chicken, cos lettuce & riata
- Falafel, tabouli & pomegranate yogurt
- Roasted pumpkin, goats cheese, spinach & pine nuts

#### **House made pizza (served cold, can be warmed up by you if you prefer)**

*\$8.50 per serve, serve 2 slices*

##### Flavours:

- Roasted tomato & mozzarella (V)
- Prosciutto, red onion, rocket & bocconcini

#### **Frittata (V,G)**

*\$8.50 per serve, serve 1 slice*

##### Flavours:

- Mediterranean vegetable (V)
- Chorizo sausage, red onion and goats cheese (G)

#### **Antipasto platter**

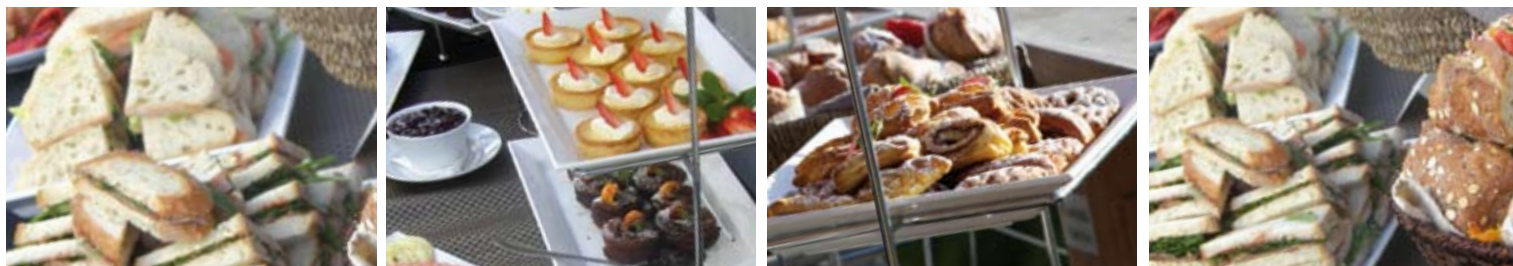
*\$85.00 per platter, serves 10 people*

Olives, cured meats, Mediterranean frittata, marinated vegetables, dips and grilled Turkish bread

*Minimum delivery and order charges apply.*

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### Lunch - continued

*(Minimum order 10 serves)*

#### **Assorted short crust open tartlets**

*\$10.00 per tart, serve 1 tart*

- Mediterranean vegetable (V)
- Grilled chicken & mushroom
- Smoked salmon, caper & blue cheese

#### **Assorted seasonal fruit platter (V,G)**

*\$35.00 per platter serves 10 people*

## Conference Packages

*Having an all day conference and need catering for the whole day, why not choose from one of our conference packages. Simply choose your menu selections from our corporate catering menu!*

	Arrival Tea & Coffee	Morning Tea	Lunch	Afternoon Tea	2011	2012
<b>Drop Off Catering</b>	N/A	Selection A	Selection of 3 lunch items	Selection B	\$19.50	\$21.00
<b>All day staffed event with crockery, cutlery, buffet ware</b>	Percolator coffee & tea station served with fresh orange juice. Additional \$3.50 per hour.	Selection A  Percolator coffee & tea station served with fresh orange juice	Selection of 3 lunch items  Percolator coffee & tea station served with fresh orange juice	Selection B  Percolator coffee & tea station served with fresh orange juice	\$40.00	\$42.00

All day staffed conference package minimum number of 18 guests, including tea & coffee and fresh juice buffet for Morning Tea, Lunch and Afternoon Tea (6hr service period) additional \$3.50 per head for arrival tea and coffee.

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**All prices are inclusive of:**

GST Buffet ware Waiters

Stanley Rogers Cutlery Stanley Rogers Crockery

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## Substantial Corporate Lunch Menu

*A substantial corporate lunch that can be delivered to your door or picked up from us!*

### Canapés

Canapés can be ordered from our platter menu (Additional costs apply)

### 2 Course Menu - Salad Selection

*(Please select three items from Salad selections)*

Classic garden salad with balsamic dressing (V,G)

Cos, caramelised red onion & French mustard vinaigrette (V) (G)

Green beans with sundried tomato & sherry vinaigrette (V) (G)

Rocket, roasted pine nut & parmesan salad (V) (G)

Asian coleslaw with wasabi & soy mayo (V) (G)

Baby vegetables roasted with garlic, shallots & herbs (V) (G)

Slow roasted pumpkin, sweet potato & Turkish bread salad with sumac, pomegranate molasses yoghurt (V)

### Meats

*(Please select two items from the meat selections)*

Terrine of chicken, pistachio and dried fig (G)

Confit duck baguette, red onion and mustard aioli

Smoked salmon and crème fraiche parcels w dill and chive vinaigrette (G)

Slow braised Rabbit and mustard ragout on herbed scone

Rare beef with sauce remoulade; cornichons & capers (G)

Slow baked ham w honey, mustard and dill (G)

Salad of prawn, avocado & apple w spiced tomato mayonnaise (G)

Minimum delivery and order charges apply.

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## Substantial Corporate Lunch Menu - Continued

### Dessert

*(Please select two items from the dessert selections)*

Chocolate espresso cake w ganache and double cream (G)

Apple and pear frangipane tart w caramel sauce

Lemon tartlets w berry coulis

Meringue "melba" with raspberry sauce (G)

2011	2012
\$27.00	\$28.50
Per Person	Per Person

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GST Napkins

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